

# JABA to Help with Later-Life Planning

*The Daily Progress Staff  
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The Jefferson Area Board for Aging has started a program to give local mid-income seniors and veterans more choices in where they live as they age.

The Voice Your Choice Community Living Program targets people who don't qualify for Medicaid yet can't afford to pay for their own long-term care. JABA's service coordinators help program participants choose services from a list, including adult day care, medical supplies, home-delivered meals and more.

The program will pay for up to \$1,200 in services per month per participant.

JABA was one of three agencies to receive a grant in 2008 from the Administration on Aging through the Virginia Department for the Aging. The state agency has since given JABA more funds to expand the program to veterans and to try telemedicine services.

Call the JABA Information and Assistance Office at 817-5260 for a complete list of eligibility requirements and benefits.

JABA is a non-profit, healthy aging organization that serves the city of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson.